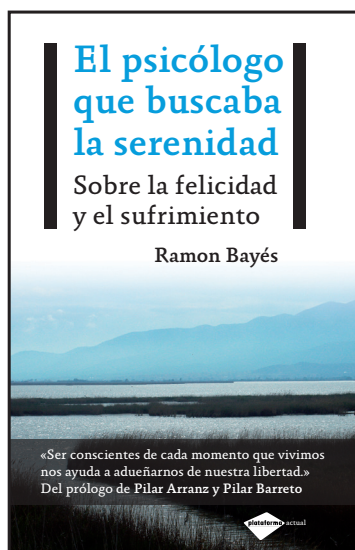


# The Psychologist Who Was Looking for Peace of Mind

All about Happiness and Suffering

**by Ramón Bayés**



## **THE PSYCHOLOGIST WHO WAS LOOKING FOR PEACE OF MIND**

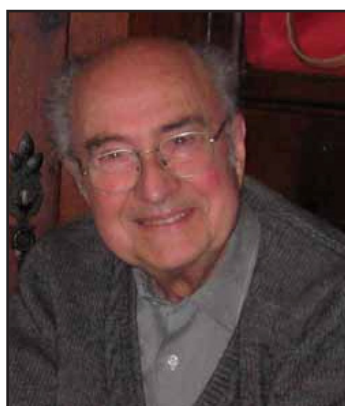
### **ALL ABOUT HAPPINESS AND SUFFERING**

**RAMÓN BAYÉS**  
177 PP

**PALIAIVE CARES**  
KEY BOOK FOR CAREGIVERS, MEDICINE PROFESSIONALS AND THERAPISTS

### **SYNOPSIS**

One of those books that you read over and over again, in search of hope and peace of mind. Close to his 80th birthday, while looking back over his career, Bayés reveals the most significant ideas that he has learned both professionally and personally. Written in a down-to-earth yet profound style, he reflects on the end of life, the passing of time, pain, man's capacity to overcome difficulties. He also examines subjects About the Author



### **ABOUT THE AUTHOR**

Ramón Bayés (Barcelona, 1930) is Professor Emeritus at the Autonomous University of Barcelona, Doctor Honoris Causa in Psychology by the UNED and Honorary Member at the Official School of Psychology of Catalonia and Valencia. He holds the Pavlov Prize of the Catalan Society of Analysis and Behavioural Therapy.

which he has been preoccupied with over the last few years, such as palliative care and old-age. His reflections on old-age and sickness are profound and yet